

# MANNA EYE CLINIC

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Cameroon  
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7<sup>th</sup> June 2020

## Mid Year Report 2020

We hope all readers of our report are in good health in this time of the Covid 19 pandemic.

Following are some news of our clinic.

### **New website**

We are very happy to introduce our new website (**mannaeyeclinik.de**) which informs and shows you photos of our clinic, the patients and the staff.

### **Speed brakes.**

have been build in front of Manna Eye Clinic. After multiple letters were written to the different council offices in Nkongsamba during the past years, we finally received the permission for the construction late 2019. The roadwork had to be done by the local council which presented the bill to us for payment.



Since then **not one** road accident happened in front of our doors where patients and even children cross the road frequently. Without the speed brakes casualties occurred almost every week and we helped to carry the injured patients to the Regional Hospital.

### **Change of cooking habits**

The Cameroonian women usually cook food in a firewood kitchen or a protected place outside the house. Three big stones are placed in a circle on the floor, then the pot with the food is put on top. See 1st photo. Big pieces of wood are positioned between the stones and lit. While the food is cooking, the woman or a child sits on a small stool watching the fire and pushing the wood forward. After a long time the food is cooked while most of the precious heating energy went in the the air.

This traditional method of cooking is a very costly(using plenty of wood), uneconomic and time consuming way of preparing food.

Inventive Cameroonians created a local stove out of an iron bucket for the use of sawdust as heating material. See 2nd photo.



The sawdust is much cheaper than the firewood and the amount of sawdust used is little. Besides that, the food cooks quicker as no energy is diverted elsewhere. The best side effect of the new economic way of cooking is however: **SAVING THE FORESTS.**

Each worker received a small cooking stove and a bag of sawdust gratuit as well as the instruction for usage.

### **Covid 19 Infections.**

The official numbers of infections in Cameroon are continuously growing and the unrecorded cases are very high.

To reduce the infection we have put a bucket of water and soap at the entrance of the clinic for the patients to wash their hands.

All the patients and the staff wear handmade face masks and disinfect their hands steadily.



Up to now all the coworkers and the inpatients are healthy, thank God.

In our daily devotions we pray that God may divert the Corona Virus from us, our families, the whole of Cameroon and the world at large.

### **New radio drama**

The local radio in Nkongsamba broadcasts daily a short lively drama warning the people of using native medicine in painful eyes. Native medicines spoils the painful or injured eye very much, most of the time beyond repair. The horrible photos are omitted.

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